

MONTHLY NEWSLETTER

A Letter from the Director

Dear Sprouts Families,

Last month, I shared that our sweet Bennett had surprised us by arriving two months early. I'm so happy to share that after 48 days in the NICU, Bennett graduated and is HOME! We are incredibly thankful to finally have our family together under one roof and are slowly settling into our new normal.

The last couple of months have also given me a new perspective on something else I'm incredibly grateful for—the team we have built at Sprouts.

Bennett's early arrival meant stepping away from Sprouts much more suddenly, and for much longer, than I had planned. Through it all, our teachers and administrative team stepped up without missing a beat. Recently, a parent mentioned that they didn't even realize I had been out on maternity leave. I laughed at first, but then realized what an incredible compliment that was to our team!

As a business owner, there is something pretty special about knowing that the place you have poured so much of yourself into can continue to thrive even when you unexpectedly have to step away. Our staff kept classrooms running, families informed, children loved, and all the little behind-the-scenes pieces moving—and they did it incredibly well.

So, this month, I simply want to say thank you. Thank you to our staff for holding down the fort, to our families for your continued trust, and to everyone who has checked in on Bennett and our family along the way. I'm very grateful for my village—both at home and at Sprouts.

Warmly,
Paige Berg
Director, Sprouts

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Parent Tip of the Month

Young children love feeling like they have an important job to do—and giving them small, age-appropriate chores is a great way to build independence, responsibility, and confidence.

For our youngest Sprouts, that might mean putting toys in a basket, carrying their dirty clothes to the hamper, or helping wipe up a spill. As children get older, they can help set the table, match socks, feed a pet, put away groceries, or help prepare simple meals.

Will they do it as quickly or perfectly as you could? Probably not! But that's not really the point. Giving children meaningful ways to contribute teaches them that they are capable and that everyone in a family has a role in taking care of their home.

Start small, be patient, and don't underestimate how proud a child can be to say, "I did it myself!"

What's Coming Up



OCTOBER



- October 5 - Red Room Pumpkin Patch
- October 18 - Second Annual Fall Family Festival
- October 22 - Sprouts Picture Day
- October 30 - Classroom Halloween Parties

Featured Local Event: Night Eyes

Looking for a fun fall activity for the whole family? Night Eyes at Blank Park Zoo is a great one to add to your October calendar!

Night Eyes is the zoo's annual family-friendly Halloween event and a fun opportunity to enjoy one of our favorite local attractions in a completely different way. Dress up the kids, enjoy the Halloween atmosphere, and make some fall memories together.

This year's Night Eyes runs October 15–25.

Learn more and find current event details at BlankParkZoo.com.



School Highlights

It's back! Last year, we hosted our very first Sprouts Fall Family Festival, and it was a HUGE hit. We loved having so many of our families together outside of the normal hustle and bustle of drop-off and pick-up, so we knew immediately that this needed to become a Sprouts tradition.

Join us for our Second Annual Fall Family Festival at Scotch Ridge Nature Park! We'll have food, activities, outdoor fun, and—most importantly—a chance for our Sprouts families and staff to slow down, mingle, and enjoy some time together. We can't wait to spend another beautiful fall day with our Sprouts community!

October 18

More details to come!



Staff Spotlight

This month's Staff Spotlight feels extra special.



Miss Katie, our On-Site Supervisor, has always been an incredible part of Sprouts, but over the past couple of months, I've had the opportunity to see her step into an even bigger role.

When Bennett arrived unexpectedly and I suddenly found myself away from Sprouts, Katie essentially stepped into the role of solo administrator. She took on everything that came her way, kept things moving, supported our staff and families, and handled the day-to-day responsibilities of Sprouts remarkably well.

There is an incredible amount that happens behind the scenes to keep a childcare center running smoothly, and I am so proud of the way Katie stepped up and led our team through my absence.

Katie, thank you for taking care of Sprouts so I could take care of Bennett. I am incredibly proud of you and so thankful to have you beside me.

