

MONTHLY NEWSLETTER

A Letter from the Director

Dear Sprouts Families,

August always feels like a month full of fresh starts, and our family has had an exciting one of our own! Our son, Bennett, made an early arrival in July. He came sooner than expected, but we're so grateful he's doing well and growing stronger every day. His two big sisters are absolutely smitten.

I've spent recent weeks planning for my maternity leave with our team, and I have complete confidence Sprouts is in wonderful hands while I'm away. For now, I'm soaking up these precious newborn days before gradually easing back into the office.

Thank you for your prayers, encouragement, and support during this special season—for Bennett and our family, and for Sprouts as a whole. We're grateful to be part of such a caring community.

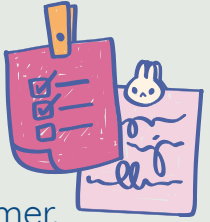
Warmly,
Paige Berg
Director, Sprouts Early Learning Academy

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Parent Tip of the Month



Start School Routines Early

As hard as it is to believe, August marks the beginning of the end of summer.

Children often need a little extra time to adjust to new routines, so one of the best things you can do is begin transitioning back to school schedules before the first day arrives.

A few simple ways to help:

- Begin moving bedtime a little earlier each night.
- Wake up closer to the school-year schedule.
- Reintroduce predictable morning and evening routines.
- Practice independence with getting dressed, packing backpacks, and cleaning up.



A gradual transition helps everyone—kids and parents alike—start the school year feeling rested, confident, and ready to learn.

What's Coming Up

August 24 – First Day of School-Year Programming

We're excited to welcome everyone back for another amazing year of learning and growing together!

Preschoolers will start big school August 31st, Green room will be open full days for them until they start.



Staff Spotlight

This month we're excited to celebrate Miss Natalea!

Miss Natalea has been part of the Sprouts family for almost four years. During her time here, she's worked with several different age groups, but we've found her perfect fit with our 3-year-olds. Her patience, creativity, and playful spirit make her classroom a wonderful place for little learners.

Earlier this summer, Miss Natalea celebrated another exciting milestone—she got married! She and her husband enjoy spending time with their two beloved fur babies when they're not at Sprouts.

We're so thankful for everything Miss Natalea brings to our students and families. Congratulations on your marriage, Natalea!



School Highlights: Celebrating 5 Years

This month marks an incredible milestone—Sprouts is celebrating FIVE YEARS in business!

Looking back over the past five years, our hearts are filled with gratitude for every family that has trusted us with their most precious possessions—their children.

There's a saying that "it takes a village to raise a child," and I couldn't be more proud of the village we've built here at Sprouts. Our teachers pour their hearts into creating a safe, loving, and enriching environment where children can learn, grow, and thrive while their families are at work.

Thank you for being part of our story. Here's to celebrating five wonderful years—and praying for many more to come!

WE ARE HIRING!

As summer comes to a close, we'll be saying goodbye to a few of our amazing team members as they head off to college. That means we're looking for a few full-time teachers to join our Sprouts family! If you know someone who is passionate about working with young children and would be a great fit for our culture, we'd love to meet them.

Full job descriptions and applications can be found at sproutsela.com/employment-opportunities/. Feel free to share with any friends or family who might be interested.

