



# Sprouts Early Learning Academy

## May Meal Plan

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast week 1 &amp; 3</b>	Mini pancakes, oranges, milk	life, bananas, milk	Waffles,blueberries, milk	bagels, applesauce, milk	Greek yogurt, strawberries,milk
<b>Breakfast week 2 &amp; 4</b>	Mini pancakes, oranges, milk	English muffin & pb,bananas, milk	Waffles, blueberries,milk	Rice Krispies, applesauce,milk	Greek yogurt, strawberries,milk
<b>Daily Snack</b>	Pepperoni, cheese cubes	Trail mix, gogo applesauce	Goldfish, gogurt	apples,crackers	Simply Cheetos, craisins
	Monday	Tuesday	Wednesday	Thursday	Friday
					<b>5/1/2026</b>
					Ravioli,Cottage cheese,peaches,milk
<b>Lunch</b>	5/4/2026	5/5/2026	5/6/2026	5/7/2026	5/8/2026
	Alfredo,broccoli, berries,milk	chicken strips,tator tots,melon,milk	Spaghetti,carrots, pineapple,milk	Softshell beef tacos, corn, mixed fruit,milk	pizza sticks,pears,green beans,milk
	5/11/2026	5/12/2026	5/13/2026	5/14/2026	5/15/2026
	Mac n Cheese,green beans, pears,milk	Chicken quesadilla corn, berries, milk	Turkey Club, Tomato & Cucumbers, melon,milk	Chicken lo mein, peas & carrots,pineapple, milk	Pepperoni pizza,broccoli w/ ranch,peaches,milk
	5/18/2026	5/19/2026	5/20/2026	5/21/2026	5/22/2026
	Cheeseburger,pickles, mixed friut,milk	tator tot casserole,green beans,berries,milk	Chicken Fajitas, corn,peaches,milk	Tomato Soup,grilled cheese,pineapple,milk	Meatballs in sauce,garlic bread,mixed fruit,milk
	5/25/2026	5/26/2026	5/27/2026	5/28/2026	5/29/2026
	Closed	pulled pork sliders,corn, watermelon,milk	ham sliders,carrots,mixed fruit.milk	chicken patty,mashed potatoes,green beans,peaches,milk	Closed