



# Sprouts Early Learning Academy April Meal Plan

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast week 1 &amp; 3</b>	Mini pancakes, oranges, milk	life, bananas, milk	Waffles,blueberries, milk	bagels, applesauce, milk	Greek yogurt, strawberries,milk
<b>Breakfast week 2 &amp; 4</b>	Mini pancakes, oranges, milk	English muffin & pb,bananas, milk	Waffles, blueberries,milk	Rice Krispies, applesauce,milk	Greek yogurt, strawberries,milk
<b>Daily Snack</b>	Pepperoni, cheese cubes	Trail mix, gogo applesauce	Goldfish, gogurt	apples,crackers	Simply Cheetos, craisins
	Monday	Tuesday	Wednesday 4/1/2026	Thursday 4/2/2026	Friday 4/3/2026
			Chicken Alfredo,green beans,mixed fruit, milk	Ravioli,Cottage cheese,peaches,milk	Chef salad,ham,cucumbers, melon,milk
<b>Lunch</b>	4/6/2026	4/7/2026	4/8/2026	4/9/2026	4/10/2026
	Parm Butter Noodles,broccoli, berries,milk	chicken strips,tator tots,melon,milk	Spaghetti,carrots, pineapple,milk	Softshell beef tacos, corn, mixed fruit,milk	pizza sticks,pears,green beans,milk
	4/13/2026	4/14/2026	4/15/2026	4/16/2026	4/17/2026
	Mac n Cheese,green beans, pears,milk	Chicken quesadilla corn, berries, milk	Turkey Club, Tomato & Cucumbers, melon,milk	Chicken lo mein, peas & carrots,pineapple, milk	Pepperoni pizza,zucchini,peaches ,milk
	4/20/2026	4/21/2026	4/22/2026	4/23/2026	4/24/2026
	Cheeseburger,pickles, mixed friut,milk	tator tot casserole,green beans,berries,milk	Chicken Fajitas, corn,peaches,milk	Tomato Soup,grilled cheese,pineapple,milk	Meatballs in sauce,garlic bread,mixed fruit,milk
	4/27/2026	4/28/2026	4/29/2026	4/30/2026	
	Cheesy chicken & Rice, Broccoli,pears,milk	pulled pork sliders,corn, watermelon,milk			