

# MONTHLY NEWSLETTER

## A Letter from the Director

Dear Sprouts Families,

January brings a fresh start—new routines, renewed energy, and the reminder that growth is always possible. At Sprouts, we love this season because it mirrors what we see in children every day: small steps turning into big progress.

I'm also excited to share a personal update—I have a new last name! Over the break, I married Mike Berg, and I'm starting 2026 as Paige Berg. New name... same me!

Thank you for trusting us with your little ones. We are honored to walk alongside your family and can't wait to see all the growth ahead this year.

Warmly,  
Paige Berg  
Director, Sprouts

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## Looking Ahead



- Monday, January 19th – Sprouts Closed: In-Service Day
- Our team will participate in professional development and we will also use this day to deep clean the building—especially helpful during winter illness season. Thank you for supporting this investment in our teachers and our center!
- Feb 4<sup>th</sup>- Dental Screening

## Parent Tip of the Month

After the holidays, it's completely normal for children to need time to settle back into routines. A few simple resets can make mornings smoother and help kids feel more secure:



- Keep mornings predictable (same steps, same order)
- Move bedtime earlier by 10-15 minutes if needed
- Offer small choices (“blue coat or green coat?”)
- Expect big feelings—transitions can be tough, even for adults!



Once routines are re-established, confidence grows quickly. Consistency at home and school makes such a difference.

## Staff Spotlight

This month we're spotlighting Miss Mariah, one of our incredible toddler teachers!

It's no secret she LOVES her babies—you'll hear her say it almost daily. Miss Mariah is exactly what we hope for at Sprouts: a strong, positive role model who leads our littlest learners with love, patience, and compassion.

We are so thankful she's part of our Sprouts family!

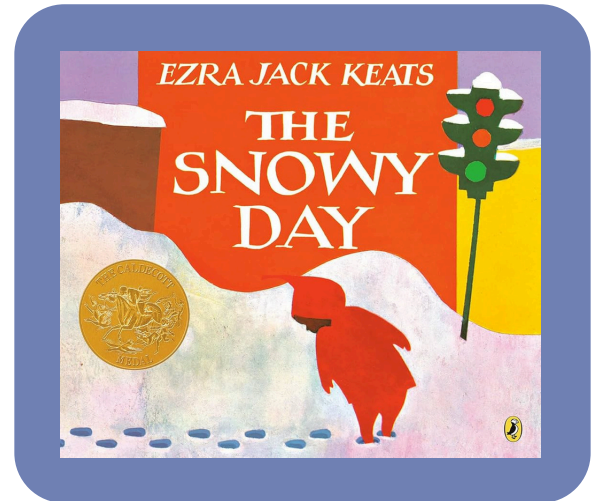


# Featured Book

## The Snowy Day by Ezra Jack Keats

Our winter favorite is *The Snowy Day* by Ezra Jack Keats. It's short enough for toddlers, engaging for older kids, and perfect for repeated reading.

Re-reading builds early literacy skills—and it's so fun to watch kids “read the pictures” and predict what happens next. This is one of Miss Paige's favorite winter read-alouds!



## School Highlights

### Expansion Update: Growing to Meet Community Need

Sprouts is growing quickly—and while we're grateful, we're reaching a point where space is a challenge. We're beginning conversations with the new council about purchasing the library building next door once the library relocates.

This could allow:

- Additional classroom space
- More outdoor/playground options
- A potential breezeway connecting the buildings

Paige has already spoken with several council members and will approach the newly sworn-in council soon. If this opportunity progresses, we may ask families to support us through letters of support or attending meetings if needed.

We are already turning families away for next year, and we want to do everything we can to meet the needs of our community while maintaining high-quality care. Thank you for growing with us.



# Behind the Scenes: Big Growth in the Second Half of 2025

We want to share a behind-the-scenes look at the progress we made in Q3 & Q4 of 2025—all to strengthen our school, support our teachers, and improve your family's experience.

## Stronger Systems



- Completed a full audit of recurring tasks
- Organized digital systems for smoother operations
- Refreshed our website and updated branding/marketing materials

## Investing in Our Team



- Welcomed wonderful new staff members
- Added a Business Manager to support operations
- Implemented monthly staff check-ins and expanded leadership meetings

## Classroom Excellence



- Expanded and formalized our curriculum framework and teaching methods guide
- Improved playground staffing and daily classroom systems



## Family & Community Connection

- Hosted Friendsgiving, Fall Family Fest, and Parent Shopping Night
- Launched our monthly newsletter to keep families informed and connected



## Planning for the Future

- Enrollment is growing fast—so we're actively exploring expansion options to meet community needs

We're proud of the progress we've made and grateful for your trust. Sprouts is thriving because of families like you.