



# Sprouts Early Learning Academy

## February Meal Plan

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast week 1 &amp; 3</b>	Mini pancakes, oranges, milk	life, bananas, milk	Waffles,blueberries, milk	bagels, applesauce, milk	Greek yogurt, strawberries,milk
<b>Breakfast week 2 &amp; 4</b>	Mini pancakes, oranges, milk	English muffin & pb,bananas, milk	Waffles, blueberries,milk	Rice Krispies, applesauce,milk	Greek yogurt, strawberries,milk
<b>Daily Snack</b>	Pepperoni, cheese cubes	Trail mix, gogo applesauce	Goldfish, gogurt	apples,crackers	Simply Cheetos, craisins
	<b>Monday</b> 2/2/2026	<b>Tuesday</b> 2/3/2026	<b>Wednesday</b> 2/4/2026	<b>Thursday</b> 2/5/2026	<b>Friday</b> 2/6/2026
	Ravioli, breadstick, berries,milk	Pulled Pork,green beans,mixed fruit,milk	Cheesy chicken & Rice,Broccoli,pineapple,milk	Scalloped potatoes & ham,corn,pears,milk	Pizza Sticks,Cottage cheese,peaches,milk
	<b>2/9/2026</b>	<b>2/10/2026</b>	<b>2/11/2026</b>	<b>2/12/2026</b>	<b>2/13/2026</b>
	Parm Butter Noodles,broccoli, berries,milk	chicken strips,veggie blend,melon,milk	Spaghetti,carrots,pineapple,milk	Softshell beef tacos, corn, mixed fruit,milk	mini pizzas,pears,green beans,milk
	<b>2/16/2026</b>	<b>2/17/2026</b>	<b>2/18/2026</b>	<b>2/19/2026</b>	<b>2/20/2026</b>
	Mac n Cheese,green beans, pears,milk	Turkey Club, Tomato & Cucumbers, berries,milk	Chicken noodles, corn,watermelon, milk	Ham & cheese slider,oranges,mixed veggie, milk	Pepperoni pizza,zucchini,peaches ,milk
	<b>2/23/2026</b>	<b>2/24/2026</b>	<b>2/25/2026</b>	<b>2/26/2026</b>	<b>2/27/2026</b>
	Cheeseburger,pickles, mixed fruit,milk	tator tot casserole,green beans,berries,milk	Chicken Fajitas, corn,peaches,milk	Tomato Soup,grilled cheese,pineapple,milk	Meatballs in sauce,garlic bread,mixed fruit,milk

**Lunch**