



# Sprouts Early Learning Academy

## December Meal Plan

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast week 1 &amp; 3</b>	Mini pancakes, oranges, milk	life, bananas, milk	Waffles,blueberries, milk	bagels, applesauce, milk	Greek yogurt, strawberries,milk
<b>Breakfast week 2 &amp; 4</b>	Mini pancakes, oranges, milk	English muffin & pb,bananas, milk	Waffles, blueberries,milk	Rice Krispies, applesauce,milk	Greek yogurt, strawberries,milk
<b>Daily Snack</b>	String cheese, & crackers	Trail mix, gogo applesauce	Goldfish, gogurt	cheddar rice cakes,apples	Simply Cheetos, craisins
	<b>Monday</b> 12/1/2025	<b>Tuesday</b> 12/2/2025	<b>Wednesday</b> 12/3/2025	<b>Thursday</b> 12/4/2025	<b>Friday</b> 12/5/2025
	Cavatelli, veggie mix,berries, milk	potato soup, green beans, pears, milk	Cheeseburger mac, carrots, peaches, milk	Chicken fajitas, pepper strips,oranges,mik	turkey club,tomatoes & cucumbers, melon, milk
	<b>12/8/2025</b>	<b>12/9/2025</b>	<b>12/10/2025</b>	<b>12/11/2025</b>	<b>12/12/2025</b>
	Chef Salad w/ham, cucumbers,mixed berries, milk	chicken strips,veggie blend,melon,milk	Spaghetti,carrots,pinea pple,milk	Softshell beef tacos, corn, mixed fruit,milk	Beef Ravioli, cottage cheese,peaches,milk
	<b>12/15/2025</b>	<b>12/16/2025</b>	<b>12/17/2025</b>	<b>12/18/2025</b>	<b>12/19/2025</b>
	Mac n Cheese,green beans, pears,milk	Cheeseburger,pickles, mixed friut,milk	French toast sticks,sausage,waterm elon, milk	Ham&cheese slider,oranges,mixed veggie, milk	Pepperoni pizza,zucchini,peaches ,milk
	<b>12/22/2025</b>	<b>12/23/2025</b>	<b>12/24/2025</b>	<b>12/25/2025</b>	<b>12/26/2025</b>
	Meatballs in sauce,Garlic cheese bread, pears,milk	tator tot casserole,green beans,berries,milk	Closed	Closed	chicken patty,corn,mixed fruit,milk
	<b>12/29/2025</b>	<b>12/30/2025</b>	<b>12/31/2025</b>		
	Alfredo, broccoli normandy, mixed fruit, milk	Chicken bites, mixed veggies,melon,milk	Chicken pot pie pasta, mixed veggies,peaches,milk		
<b>Lunch</b>					