

# MONTHLY NEWSLETTER

## A Letter from the Director

There are so many things to be thankful for, and this year I am incredibly thankful for all of the staff, students, and families who make Sprouts the place that it is. As I think about the upcoming holidays and all of the fun we have planned, I can't help but be overwhelmed with gratitude for what this business has become.

We have been inundated lately with families reaching out for care, and I know so much of that is because of you. Your positive reviews, recommendations, and support have helped Sprouts grow more than I ever imagined. If you haven't looked lately, please take a peek at our newly updated website at [www.SproutsELA.com](http://www.SproutsELA.com). We've refreshed the layout, added new resources, and filled it with photos that truly capture the heart of our center.

Please continue sharing Sprouts with families who may be searching for a place where their children can learn, grow, and thrive. Word of mouth has always been our most meaningful form of marketing.

Wishing you a blessed Christmas season surrounded by warmth, joy, and the people you love most.

With Gratitude,  
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VOL.  
3

December  
2025  
Edition



### Looking Ahead

- Dec 24 – Christmas Eve
- Dec 25 – Christmas Day
- Jan 1 – New Year's Day
- Jan 19 – Staff In-Service Day



# Parent Tip of the Month

## A Simple, Cozy Winter Activity



### Gingerbread Playdoh Recipe

#### Ingredients:

- 1 cup Flour
- 2 tsp Cream of Tartar
- ½ cup Salt
- ½ tsp Ground Cinnamon
- ½ tsp Ginger
- 1 tsp Vegetable Oil
- 1 tbsp Cocoa
- 1 tsp
- 1 cup Water

#### Instructions

1. Mix all the dry ingredients together in a bowl.
2. Combine the water and oil in a saucepan and gently heat on the stove.
3. Just before it comes to the boil, turn off the heat and stir in the dry ingredients. Mix well with a wooden spoon.
4. Let the mixture cool down, then knead the dough to combine all the ingredients properly and make soft.

With colder weather settling in, here's an indoor activity that keeps little hands busy and builds fine motor skills at the same time. When I taught preschool, one of my favorite homemade activities was Gingerbread Playdough. It's easy to make, has the perfect soft texture, and makes your whole home (or classroom!) smell like Christmas.

Once it's ready, the possibilities for play are endless:

- Use cookie cutters to make shapes
- Practice cutting skills with plastic scissors
- Roll out letters to build words
- Create little gingerbread "cookies" to serve in a pretend bakery

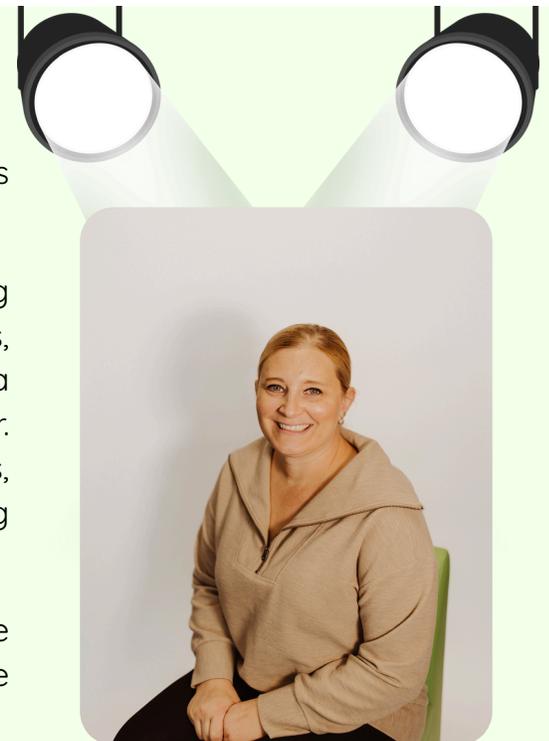
It's simple, affordable, and magical—just the way winter play should be.

## Staff Spotlight

This month we're celebrating the wonderful Miss Amanda, our talented Kitchen Manager!

Miss Amanda brings joy and laughter into our building every single day. If she's not whipping up delicious, home-cooked meals for our students, you'll find her in a classroom with a lap full of little ones who adore her. She and her husband also run a local catering business, Bevo'Que, which many of our families enjoyed during fall events!

Her enthusiasm, energy, and love for children make Sprouts a brighter place. We are truly blessed to have her on our team.



# Featured Product

## Tonie Box - A Screen-Free Favorite for Kids of All Ages

In a world overflowing with screens, it can be tough to find engaging, tech-free activities for young children. Years ago, I bought a Tonie Box for my own kids, and it quickly became a household favorite.

A Tonie Box is a screen-free audio player that uses small figurines—called Tonies—to play stories, music, and games. Now that my girls are older, I've brought our Tonie Box to Sprouts, and the kids absolutely love swapping out Tonie characters to hear new songs and books.

If you're looking for a meaningful gift this holiday season, consider this screen-free treasure for years of imaginative fun!



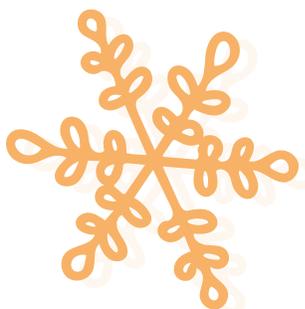
# School Highlights

## One Year of Infant Care at Sprouts

This November, Sprouts officially celebrated one full year of offering our infant program—and what an amazing year it has been!

In just twelve months, we've cared for 14 infants, and we already have 16 infants on the waitlist for the coming year. There is a tremendous need for high-quality infant care in our community, and we are incredibly proud to meet that need with a loving, nurturing environment right here at Sprouts.

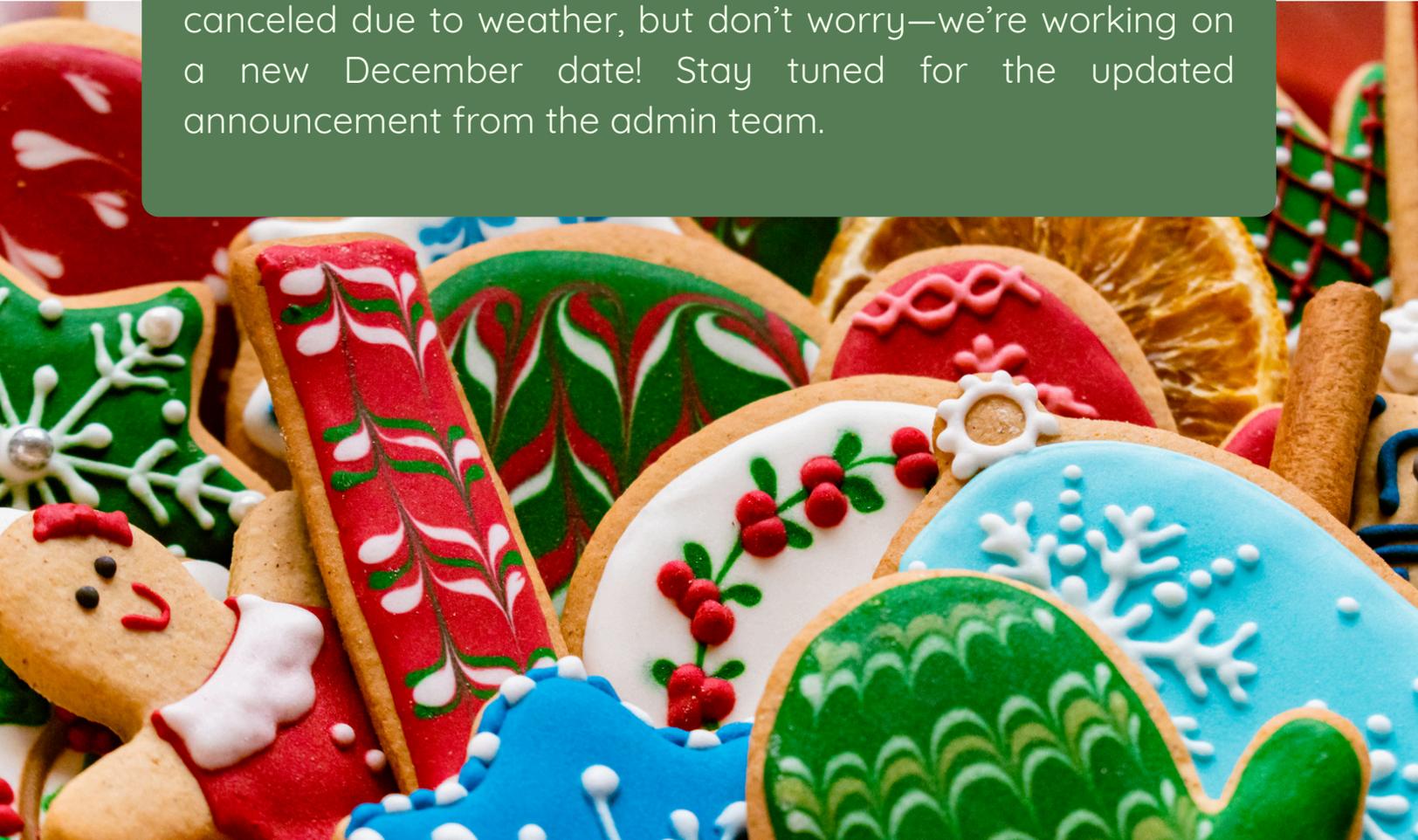
Thank you for trusting us with your tiniest learners. It is a joy and an honor to watch them grow.



## Coming Up Next:

### Parent's Shopping Night!

Our previously scheduled Parent's Shopping Night was canceled due to weather, but don't worry—we're working on a new December date! Stay tuned for the updated announcement from the admin team.



## Holiday Attendance Planning

During the holiday season, our enrollment often fluctuates as families travel and spend time with loved ones. To help us ensure appropriate staffing and maintain smooth operations, please take a moment to fill out the attendance form and let us know when your child will be here over Christmas break. Your communication helps us plan effectively and support our teachers.

Attendance Form: <https://forms.gle/k8gYyZwCC6Lz5aBb9>